

SYDNEY CHINESE LIONS



VOLUME VII, ISSUE I

28 JANUARY 2010

Editorial

First of all, on behalf of President Mei and the Bulletin Editorial Panel, we wish you a Happy New Year.

Our club has indeed started the new year with a bang. Our two Teal Ribbon Scholars: Prof Xiaowen Tong MD from Jinan University and Prof Xiping Luo from Guangzhou Medical University, made a special trip to Sydney to exchange their professional experiences with us. Amongst other activities, they gave a public presentation on 6 January to the club's members and guests. It was a hugely successful function attended by over 70 members and guests including Consul Fuxiang He of the Consulate General of the Peoples Republic of China in Sydney. Further details on the functions can be found on pages 6-11.

At the gathering on 6 January, we also had the privilege of having PDG

Nigel Jeny with us. He also helped us by inducting two new members to our midst. They are Lion Stella Fan and Lion Hillary Lu. We warmly welcome them and look forward to serving together with them.

To date, preparation for our Charity Ball 2010 is right on course. We thank members of the Ball Organizing Committee chaired by Hon President Anthony for their hard work and dedication. For entertainment, the Committee has invited students of the Australian International Performance Arts High School (AIPAH) to help out. The performance of AIPAH students at Ball 2006 is remembered as one of the most overwhelming performances. We simply can't wait for Ball 2010 to see them in action again. On Page 4, you'll find an invitation to Ball 2010. Please help out by extending the invitation to your friends

and associates and RSVP by 3 March.

On 26 January, our club has been invited to participate in the Australia Day 2010 Australian Chinese Community Commemoration. The Organizing Committee is jointly chaired by Mr Tom Cheong, Lion Victor Tsang and Mr Raymond Tai. President Mei is planning to lead a number of key Board members to attend. At the ceremony, Hon President Anthony will be acting as Master of Ceremonies and lead singing the Australian National Anthem.

We have received emails from PID Tapani Rahko and Past President Sirkka Nieminen of the Lions Club of Järvenpää Ainot, our Twin Club in Finland. They are reprinted on Page 5.

Watch this space for invitations to our Humanitarian Scholarships 2010 applications.

THE LIONS CLUB OF SYDNEY CHINESE INC.

SPECIAL POINTS OF INTEREST:

- Happy New Year
- Inaugural Teal Ribbon Scholars Presentations
- Welcome to New Members
- Charity Ball 2010
- Australia Day 2010
- Greetings from Finnish Lions Friends

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Sydney Chinese Lions and Guests at January 2010 Members Meeting

The 2 Sydney Chinese Lions 2009 Teal Ribbon Scholars have recently come to Sydney from China to give their Presentations. They received great acclaim and the project was hugely successful. Many thanks to the Vetting Committee Chaired by Lion Dr Danforn Lim JP who have worked so hard and professionally on this.



Well Done Lions!

President Mei

Nominations for the 2010-11 Board of Directors - Wednesday, 3 February 2010.

Do consider taking an active role in running the club's affairs by having yourself nominated and elected. You could be nominated in any one of the three following ways:

- By informing President Mei and she'll have your name duly included in the Nominations list*
- By attending the meeting on 3 February and having another member nominating you*
- By attending the meeting on 3 February and nominating yourself*

Only those who have been nominated at the February meeting are eligible for elections at the March meeting. We look forward to seeing you all there!

*We welcome your contributions to this Monthly Bulletin.
Please send your article to the Chief Editor at
sydneychineselions@yahoo.com.au*

A Letter from Our International President

Dear Lions of the World,

It is with great sadness that the world's attention is focused on the devastating earthquakes in Haiti that left 1.5 million homeless, up to 200,000 dead, and countless injured and traumatized. It will take years for the country to fully recover, but we know that Lions will be there every step of the way.

Just like Lions have done with the South Asian tsunami, Hurricane Katrina, the Sichuan earthquake in China and other calamities, Lions and LCIF will be there for the both the short- **and** long-term - providing immediate aid now but also working to rebuild communities, to restore hope and to support those affected **for as long as it takes**.

If there is one thing that makes Lions unique from other service agencies, it's that we commit for the long term and we work within the affected communities - through our local Lions - to rebuild for a better tomorrow. The Haitian Lions are our brothers and sisters, members of our international family, and we will never let them down.



As you are likely aware, Lions have already moved swiftly to provide immediate assistance despite the coordination challenges. Lions relief tents are being shipped from Sweden; Lions from Canada on a mission in Haiti during the quake gave first aid assistance during the first hours and days; and Lions in the Caribbean area are sending aid over land and by sea. Additionally, a coordinating committee of Lions in Haiti, Dominican Republic and nearby countries are actively planning for the next steps, and our foundation chairperson, Al Brandel, immediate past international president, will be traveling there to meet with them beginning tomorrow.

Naturally, the response by Lions to LCIF's **Lions Hope for Haiti** donation appeal has been tremendous. Within days, we have already mobilized more than US\$350,000. By the time you receive this email, I am sure it will be even much, much more. But we'll need millions more if we are to help the country rebuild, to provide homes for the homeless, to rebuild schools for the children, to rehabilitate those left disabled, and to help heal so many shattered and broken hearts. So please donate what you can.

Lastly, I am extremely saddened to report that two of our Haitian Lions -- our family -- have perished and other Lions may have lost family members. On behalf of Lions the world over and members of our international board, we offer our sincere, heartfelt condolences and sympathies to our Lions family who have suffered such personal losses.

To our Lions family in Haiti, I commit to you that the Lions of the world will be there for you today, tomorrow, next week, next month, next year, the year after that - and again for as long as it takes.

There will be more updates from LCIF Chairperson Brandel in the days to come. Meanwhile read the [latest LCIF update on Haiti](#), including information on how you can [make a personal online donation](#). I thank you all ahead of time for any further assistance you can provide.

With sympathies,

Eberhard J. Wirfs
International President

You're cordially invited to ...

THE LIONS CLUB OF SYDNEY CHINESE INC.

Dancing with Lions!

CHARITY BALL 2010

SATURDAY, 20 MARCH 2010



MAJOR BENEFICIARY



Australian Red Cross
THE POWER OF HUMANITY

Money raised will help Red Cross improve the lives of vulnerable people in disadvantaged local communities around Australia and Asia Pacific.

The Parkside Ballroom
Sydney Convention & Exhibition Centre, Darling Harbour
6:15pm Pre-dinner drinks, 7:00pm Function commences

\$168 per person / \$1,680 per table of 10
(incl. pre-dinner drinks, 3-course dinner with drinks, entertainment, live band and dancing)
Black Tie / National Costume

RSVP by Wednesday, 3 March 2010
P.O. Box K422, Haymarket Sydney NSW 2000
Enquiries: Secretary Crystal Siu Phone: 0400 228 823 Email: ccsiu@hotmail.com

PRINCIPAL SPONSOR



MAJOR SPONSORS



For members who have taken out the Ball tickets, we sincerely hope that you'll be able to sell all of them. Do try your best!

You may be aware that our club has to pay the Sydney Convention and Exhibition Centre all charges and fees prior to the Ball some time in March.

So it is important that you attended the March Members Meeting on 3 March and settled the account with Treasurer Tim. Of course, do feel free to return any unsold tickets then.

Greetings from Our Lions Friends in Finland

Dear Anthony,

It gave us great pleasure to have your recent December bulletin, with an interesting resumé of your Christmas party. We wish to congratulate you personally on your title of Honorary President. After the several years of communicating with you we feel the honor is thoroughly deserved!

In contrast with your X-mas, our party was a small-scale party among ourselves. However, we, too, had some dancing on our program. Our Hispanic dance group performed a few numbers. The snow-clad Aino Lions from freezing Finland wish you a very prosperous New Year!

Kind regards.
PP Sirkka Nieminen



PP Sirkka Nieminen

Dear Past President Anthony,

Thank you for the Season's Greetings and the link to your excellent bulletin. Beautiful Christmas meeting.

Congratulations to the Honorary President.

Actually, Santa comes from Finland, not from the North Pole.

Happy New Year 2010 to you and your great club.

Sincerely,
Tapani and Helena
PID



PID Tapani Rhako and
Hon President Anthony

And PID Tapani Rhako has this to tell us about Santa ...

Dear Lion Anthony,

Yes, by the Arctic Circle near by the City of Rovaniemi we have a tourist attraction where Santa takes visitors all through the year. Here in Scandinavia the Swedish also try to advertise their country as the birthplace of Santa. Well, for 600 years we belonged to Sweden, until 1809 so maybe we can both have the honour. Mountain Korvatunturi which is said to be Santa's home is in Finland, though. At the North Pole, there is only sea covered with ice.

Sincerely,
Tapani

The Sydney Chinese Lions Teal Ribbon Scholar Scheme 2009 - Inaugural Presentations

Lions' Object:

To provide a forum for the open discussion of all matters of public interest

***To partner with individuals and organizations to improve our community
and to help those **We Serve*****

The Lions Club of Sydney Chinese Teal Ribbon Scholar Scheme is proposed with a view to supporting mainland public health/medical professionals to further their professional development or research in Sydney Australia for the diseases of ovarian cancer, uterine cancer, cervical cancer, food allergies, sexual assault, substance abuse, polycystic ovarian syndrome, pain and distress disorder (includes PTSD), obsessive and compulsive disorder, dissociative identity disorder, Tourette syndrome and fragile X syndrome. The objectives of the Scheme are to facilitate experience sharing between mainland and local workers, to enhance technical exchange on diseases management and prevention, and to encourage collaboration and networking.



This year we have received many applications stemming from different Provinces in China. The vetting committee members of the Scheme include Lion Dr Danforn Lim JP (Chairman), Lion Dr Anthony Cheung JP, Lion Dr Lisa Cheng JP, Lion Janet Hung JP and Lion Eileen Zhang. After three rounds of the selection process, two eminent Chinese gynaecologists - Professor Xiaowen Tong (from Tongji University, Shanghai) and Professor Xiping Luo (from GuangZhou Medical University, GuangDong) were selected to receive the Scheme's Scholar title as well as the scholarship funding to support their participation in the Scheme.

To fulfill part of the Scheme's prescribed conditions, both Prof Tong and Prof Luo arrived in Sydney on 3rd January 2010. Each of them delivered two presentations in English while they were in Sydney. They also visited the Faculty of Medicine of the University of New South Wales discussing future collaboration projects. The public presentation session was held in the evening of 6 January, 2010 at Zilver Restaurant. It was attended by over 70 members and guests of Sydney Chinese Lions. VIP guests included Consul Dr Fuxiang He of the Consulate General of the Peoples Republic of China in Sydney, Councilor Lion Ernest Wong, Professor Charlie Xue, WHO Expert Advisory Panel Member and RMIT Professor, Professor Felix Wong of the University of New South Wales, Dr Andrew Zuschmann of the Australian Medical Association, Dr GQ Wai of CMASA, Mr Max Ma JP of Tong Ren Tang, Dr Xiao Zhu, Undergraduate Coordinator of UNSW, Dr Chris Zaslowski, Head of the Chinese Medicine Program, UTS and others.

The function was a great success and it was widely reported by the Chinese media. On the basis experience gained on this occasion, the club is considering running this very meaningful project again next year.

An Abstract by Prof Xiaowen Tong, MD

Sydney Chinese Lions Teal Ribbon Scholar 2009

Minimally invasive surgery in the management of gynecologic cancers : our experience

Tong Xiaowen MD

The Women Health Care Center of Tongji University, Shanghai, P.R. China

The role of minimally invasive surgery in the management of gynecologic cancers has been a controversial issue over the past decades. Recently, much technical progress has been achieved and this enables an experienced endoscopic surgeon to perform most of the gynecologic oncologic procedures including hysterectomy, omentectomy, pelvic and paraaortic lymph node dissections.

Although the value of laparoscopy with respect to oncological safety and patient's outcome has not been formally recorded and tallied in prospective randomized clinical trials, many studies involving thousands of patients have revealed the favourable and superior oncologic outcomes of laparoscopy when compared to traditional laparotomy. Therefore, the laparoscopic approach has become widely accepted for certain oncological conditions, especially when early stage cancer cases are treated.

From Jun 2003 to Dec 2009 minimally invasive surgery has been used in the management of 192 cases of cervical carcinoma, 183 cases of endometrial carcinoma, 37 cases of primary peritoneal carcinoma and 11 cases of early stage ovarian cancer in our hospitals. The safety, morbidity, and recurrence rate are discussed based on this limited data. Nevertheless, the data support the following conclusions: minimally invasive surgery is a safe and effective therapeutic procedure for the management of early-stage cervical cancer, ovarian cancer and endometrial cancer in advanced stage with a far lower morbidity rate than reported in the open approach and is characterized by far less blood loss and shorter postoperative hospitalization time. The role of laparoscopy in ovarian cancer surgery may be divided into the three following categories: 1) laparoscopic staging of apparent early ovarian cancer; 2) laparoscopic assessment of the extent of the disease and potential for resectability; 3) laparoscopic reassessment, or second-look operation, or rule out recurrence. To formally evaluate and ascertain the overall oncologic outcomes of this procedure, multicenter randomized clinical trials with longer follow-up pe-



**Sydney Chinese Lions Teal Ribbon Scholars
and Members of the Vetting Committee**

An Abstract by Prof Xiping Luo

Sydney Chinese Lions **Teal Ribbon** Scholar 2009

The Fact of Cervical Cancer Screening in China

In China, cervical cancer is the second most common cancer found in women. Although there is no official data of morbidity in cervical cancer nationally, an estimated number of 100,000-120,000 new cases are being diagnosed each year, which amounts to 20% of new cases worldwide. The majority of cases arise from rural areas. The incidence age of patients with cervical cancer has gradually changed over the years. Aggravated by HPV infections, the trend of incidence age of patients has become younger. Before the 1970s, less than 20% of the patients were below 40 years of age. However, the number of patients in the same age group has gone up to 30% after the 1980s. HPV 16 and HPV 18 are the two most common types of HPV infections found in China, similar to western countries. Next are HPV 58 and HPV 52. However this is different from western countries as they have HPV 45 and HPV 31 next in line. Currently in China, great difficulties exist in cervical cell screening. A key problem is the severe lack of cellular pathologists for identifying the abnormal cervical cells. Despite the fact that TCT has been developed and made available in most hospitals in China as early as 2000, a specialist in cellular pathology has to examine an average of 100 films per day, which is a distinct overload. Hence, it is of vital importance to provide ample training to have a good supply of qualified specialists in cellular pathology. Today the Chinese government has recognized the seriousness and importance of cervical cancer screening. In the coming three years, the government is offering financial support for 10 million rural women to have pap smear testing, in order to make inroads on early diagnosis of cervical abnormalities and self-protection awareness. The cervical cancer vaccine developed in China is still in the clinical trial stage. Medical insurance companies are yet to provide cover for the vaccines. Further, there is still a lot to be done to research into the positive effects of the vaccine to Chinese women with cervical cancer and its side effects. Cooperating and exchanging information with Australian scholars in this field would undoubtedly be beneficial to our cause in promoting prevention and cure of cervical cancer in China.



Sydney Chinese Lions and Guests at Inaugural Teal Ribbon Scholars Presentations

雪梨華人獅子會藍綠絲帶學者

抵達雪梨作學術交流

1月6日晚雪梨華人獅子會假華埠同樂軒舉行「雪梨華人獅子會藍綠絲帶學者」計劃的新聞發佈會，當晚出席的嘉賓和會員逾70人。包括會長鄭美霞女士，名譽會長張俊明博士，中國駐悉尼領事館何馥香領事，計畫召集人林奇恩醫生，藍綠絲帶學者童曉文教授和羅喜平教授等。

經過數月的籌備，雪梨華人獅子會所創辦之「雪梨華人獅子會藍綠絲帶學者」計劃成功評選出兩位學者，于日前到達雪梨作學術交流。兩位藍綠絲帶學者分別為上海同濟大學同濟醫院婦科主任童曉文教授，及廣州醫學院廣東省婦幼保健院婦科主任羅喜平教授。



推行該計劃的目的，主要是為促進中國大陸及澳洲雪梨人員分享經驗，治療及預防藍綠絲帶包含的疾病方面交流技術，並鼓勵共同合作和組織網絡。在發佈會中，兩位學者各自作了一個簡短而精練的演講，主要談到藍綠絲帶中所包括之婦科疾病在中國的研究及所遇到之困難和未來展望。

其中來自廣州的羅教授對中國宮頸癌的篩查概況作了介紹，希望本次的交流合作將為中國宮頸癌的防治提供有益的幫助。來自上海的童教授則對微創外科技術的可行性和重要性作出了肯定，在今後的交流合作中將對該範疇作進一步的研究。

學者將在雪梨逗留兩周的時間，並將與新南威爾斯大學醫學院婦產學系作學術交流。此外還會參與兩個研討會，一個是開放給業內人士而另一個則是開放給公眾。研討會內容是著重在兩位藍綠絲帶學者的地區對所選擇之疾病的情況、預防及治療研究成績和方向，以及介紹該研習計劃的內容及在澳洲雪梨期間交流的經驗等。

雪梨華人獅子會

2009 藍綠絲帶學者 童曉文教授

微创外科技术在妇科癌症治疗中的使用

近幾十年以来，微创外科技术在妇科癌症治疗中的使用备受争议。该项技术取得了良好的进展，使经验丰富的内窥镜外科医生能够完成大多数的妇产科肿瘤科手术，如子宫切除术，腹网膜切除术，骨盆及主动脉旁淋巴结切除及清除术。尽管有关肿瘤学安全性的腹腔镜检查及患者的效果的重要性尚未在预期随机临床试验中展现，但是上千名患者的病例已显示其可行性，尤其比較腹腔镜与剖腹手术中所獲得的相似臨床效果。



童曉文教授

从 2003 年六月至 2009 年十二月，微创外科已在我院多项治疗中被使用，其中包括 192 例子宫颈癌，183 例子子宫内膜癌，37 例原发癌，以及 11 例 早期卵巢癌。以下会在此有限数据的基础上对其安全性、发病率及重发率进行研究。数据显示：在早期子宫颈癌，卵巢癌及晚期子宫内膜癌中，微创外科是一项安全 且有效的治疗过程，其发病率远远低于开放性治疗，並且出血少，术后住院时间短。腹腔镜检查在卵巢癌手术中的作用有以下三类： 1. 腹腔镜检查确定早期卵巢癌分期； 2. 腹腔镜检查评估患病程度及其可切除性； 3.腹腔镜二次探查术，排除复发。尽管这样，仍然需要有更长后续检查的随机多中心临床试验对这项技术的全面肿瘤学疗效进行评估。因此，腹腔镜检查术在某些肿瘤学诊断中已被广泛采用， 尤其用于治疗早期癌症。

雪梨華人獅子會

2009 藍綠絲帶學者 羅喜平教授

中国宫颈癌筛查概况

宫颈癌是中国妇女第二大癌症杀手。虽然到目前为止，中国尚没有全国性的宫颈癌发病率的统计数据，但据估计，中国每年有大约 10 万—12 万新发宫颈癌病例，约占全球宫颈癌新发病例的 20%，病人主要在农村地区。在中国宫颈癌发病年龄正在发生变化，随着 HPV 感染的传播，宫颈癌的年轻化趋势越来越明显。二十世纪 70 年代前，40 岁以前宫颈癌病人仅仅不到 20%，而在八十年代后，此年龄段病人比例达 30% 以上。HPV 感染虽然和西方国家一样，前两位主要类型也是 HPV16、HPV18，但第三、第四位 HPV 感染的类型不尽相同，在中国分别为 HPV58、HPV52，欧美西方国家主要为 HPV45、HPV31。



羅喜平教授

目前，中国宫颈癌细胞学筛查仍遇到不少困难，细胞病理学医师严重不足是因素之一。尽管早在 2000 年开始，中国大部分医院已经开始使用液基薄层细胞学检查，但细胞病理学医生平均每人每天阅片 100 例以上，工作量超负荷。培训合格足够的细胞病理学医师的需要受到重视。目前中国政府正越来越重视宫颈癌筛查的工作。未来三年中国政府将为 10,000,000 农村妇女的宫颈癌筛查提供财政支持，以提高早期病例的诊断率，提高妇女的自我防护意识。宫颈癌疫苗接种还处于临床试验和试用阶段，医疗保险公司也未将疫苗接种列入保险范围，疫苗对中国女性人群宫颈癌的保护作用及副反应等研究还有大量的工作要做，和澳大利亚的同行进行合作、交流将为中国宫颈癌的防治提供有益的帮助。



The Lions Club of Sydney Chinese Inc.

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Haymarket
NSW 2000
Australia
email:

The Lions Club of Sydney Chinese Inc. is a member of Lions Clubs International, an international non profit community service organization, upholding a common motto "WE SERVE". Today, there are Lions Clubs in 205 countries and geographical areas all over the world. In District 201N5, which covers the Sydney area and Norfolk Island, there are some 75 Clubs with around 1,700 members. Amongst these, there are around 6 Chinese-based Clubs. Sydney Chinese Lions is the first of these Chinese-based Clubs chartered in April 1995.

Over the past fifteen years, under the leadership of President Mei Cheng, Hon. President Dr Anthony Cheung and other Past Presidents, in conjunction with the relentless effort of its members, and on top of all these, the generous donations and sponsorships received from the community, the Club has donated over \$350,000 to a number of charities including the Royal Flying Doctor Service of Australia, St John (NSW), the Australian Red Cross, the Sir David Martin Foundation, the Fred Hollows Foundation, Westmead and Concord Hospitals, the Children's Mobility (Hart Walker) Foundation and the Elderly Australian Chinese Homes. Thousands have reaped the benefits. The Club is also mindful of encouraging young adults to participate in humanitarian services, hence, since 2003, it has been offering its humanitarian scholarships.

Visit us at our Award Winning Website
www.sydneychineselions.org.au

Upcoming Events

Function	Venue/ Dress Code	Date & Time	Cost per person
February Members Meeting & Nominations for 2010-11 Board of Directors Sydney Chinese Lions	Zilver Restaurant After 5	Wednesday 3 February 2010 7:00 for 7:30pm	\$30 per person for dinner
March Members Meeting & Elections for 2010-11 Board of Directors Sydney Chinese Lions	Zilver Restaurant After 5	Wednesday 3 March 2010 7:00 for 7:30pm	\$30 per person for dinner
Charity Ball 2010 Sydney Chinese Lions	Parkside Ballroom Sydney Convention & Exhibition Centre Formal/National costume	Saturday 20 March 2010 6:15pm pre-dinner drinks 7:00pm function commences	\$168 per person/ \$1680 per table of 10

For bookings please contact:
Secretary Crystal Siu (mobile: 0400 228 823, email: ccsiu@hotmail.com)