



Sydney Chinese Lions

Health Talk 2010



The Lions Club of Sydney Chinese has recently held a full-day Public Health Talk on 30 October at the University of Technology, Sydney. This year's theme was "Chronic Diseases Management: East meets West". The focus was on metabolic syndromes which include diabetes mellitus, hypertension, and hyperlipidaemia.

The event attracted more than 400 participants from the general public. The Talk also served as a good platform for Western and Chinese Medicine professionals to exchange ideas. The organizing committee comprised Dr Danform Lim as Chairman, President Ms Mei Cheng JP, Honorary President Dr Anthony Cheung JP, Ms Emily Hung, Ms Janet Hung JP, and Ms Wendy Lin as members. The function was supported by the three Australian major professional medical organizations (both Western and Chinese medicines) including The Australian Chinese Medical Association (Western Medicine), The Australian Traditional Chinese Medicine Association (Chinese Medicine), and The Chinese Medicine and Acupuncture Society of Australia (Chinese Medicine).

Sponsors of the Talk included the Lions Club of Sydney Inner West, Beijing Tong Ren Tang Australia Pty Ltd and Kanion Nutrilife Australia Pty Ltd. CanRevive (NSW) Inc was also present on site to distribute health related information pamphlets.

In the Opening Ceremony, Dr Danform Lim, Chairman of the Organizing Committee, pointed out in his speech that according to data found in medical references, almost 30% of the population in Australia and other western countries including the US have metabolic syndromes, which are commonly known as diabetes, hypertension, and hyperlipidaemia. He extended his appreciation to the professional organizations that contributed and supported this event to enable the local Chinese community to be better informed about the subjects from the viewpoints of Chinese and Western medicines. President Mei Cheng, on behalf of the Lions Club of Sydney Chinese Inc, expressed gratitude to the public for their support for the club. Accompanied by Dr Danform Lim and Dr Anthony Cheung, President Mei Cheng presented Certificates of Appreciation to all the participating communities. On behalf of Lions Clubs International, Zone 5 Chairman Dr Cheung made a brief explanation of the International Lions movement and the Lions motto "We



At the Opening Ceremony



Attendees at the Health Talk

Serve". Dr Stephen Li, Deputy President of ACMA, Mr Andrew Bin Guan, President of ATCMA and Mr Guoqing Wei, President of CMASA also delivered their speeches during the ceremony. Dr Li mentioned that all doctors in ACMA are rather active in their professional associations and they also provide assistance to a lot of community-based health care promotional activities. Due to the fact that Chinese medicine and natural therapies are quite popular in Chinese communities, and that the Australian Chinese Medicine Registration will be launched in 2012, ACMA recently established an Integrative Medicine Committee headed by Dr Danforn Lim to serve the public and uphold patients' rights. The Committee will use evidence-based medicine as its guideline to scientifically carry out evaluations on alternative therapies and treatments to integrate eastern and western medicines. Further, the Integrative Medicine Committee will hold regular inter-exchange visits to concerned government departments, professional

organizations, and Chinese medicine universities.

President Andrew Guan expressed his gratitude to the Lions Club of Sydney Chinese for providing a platform to promote Chinese medicine. He remarked that although it has only been 30 years since Chinese Medicine first made its appearance in Australia, it has developed rapidly. Now we can see Chinese Medical clinics almost everywhere. One after another, Australian universities have opened their Chinese Medicine programs at Bachelor's, Master's and Doctoral levels. There is an increasing number of people going to Chinese Medicine practitioners seeking medical treatments. The number of rare cases receiving treatments by Chinese Medicine is continually on the rise. The national Chinese Medicine registration will be launched in 2012. As Chinese Medicine practitioners, we need to promote and make the news known. ATCMA is determined to better promote Chinese Medicine in the future.

President Guoqing Wei emphasized the necessity and benefits for the public to learn about the pathogenic mechanism and treatment methods from both the angles of Chinese and Western medicines. He acknowledged that in the process of promoting Chinese Medicine, the Lions Club of Sydney Chinese and other communities have an essential role to play as bridges.

Speakers of Western medicine on the day included Dr Stephen Li, Dr Danforn Lim, Dr Amelia Siu, Dr Andrew Wong, while speakers of Chinese medicine comprised Ms Rose Chen, Dr Henry Luo, Mr Jingbiao Li and Mr John Wu. Over lunch, free medical consultations were offered. Keen and active participation was evident and all doctors present had to work extra hard to answer questions raised by patients. The whole of the consultation area was extremely busy. Much positive feedback on the function was received afterwards. Participants expressed their wishes in seeing such events being held again soon.



Certificate Presentations

Free Medical Consultations